









Annual Report 2025-26 of NSS

S. No.	Events	Details	Dates	Link	Photographs
1.	Walkathon on Nasha Mukta Bharat Abhiyaan	SMVDU Katra initiated "Viksit Bharat Yuva Connect Programme" by Walkathon event under the aegis of Nasha Mukta Bharat Abhiyaan. Around 150 students participated in the walkathon event	01.08.2025	https://www.facebook.com/share/p/14KImCm3cJR/ 	
2.	Poster Making competition under the aegis of Nasha Mukta Bharat	NSS unit of SMVDU Katra organizing Poster Making competition under the aegis of Nasha Mukta Bharat Abhiyaan in the flagship of "Viksit Bharat Yuva Connect Programme"	02.08.2025	https://www.facebook.com/share/p/1WCA2dnqL/ 	
3.	Conduct Awareness Drive	Shri Mata Vaishno Devi University (SMVDU) Katra, in collaboration with NSS-SMVDU, organised an extensive outreach programme last Saturday to promote awareness about the reopening of Vikalp after the summer break. The initiative aimed to inform the local community about the educational opportunities offered to underprivileged children. A total of 13 volunteers — twelve from Vikalp and one from NSS — began the campaign at 9:30 a.m., assembling at the Medical Aid Centre before splitting into six groups to cover the University's surrounding areas. The teams conducted door-to-door visits, interacting with residents to highlight the importance of education and the role of Vikalp in providing equal opportunities. The drive generated a positive response, with parents expressing keen interest in	03.08.2025	https://www.facebook.com/share/p/175GSy96H9/	

		<p>enrolling their children. Excited children in the locality, particularly in areas from Kotla to nearby colonies, welcomed the news of reopening. Volunteers also visited construction sites within the University premises and Narayana Hospital to engage with workers' families.</p>			
4.	<p>Organizes Mega Event under Viksit Bharat@2047 Yuva Connect Programme</p>	<p>As a part of the nationwide initiative Viksit Bharat@2047 Yuva Connect Programme, Shri Mata Vaishno Devi University (SMVDU) successfully organized a Mega Event featuring a Debate Competition, Poster Making Competition, and Cultural Performances. The event aimed to foster awareness, creativity, and dialogue among the youth on issues of national development, social responsibility, and substance abuse prevention. The event was coordinated by Dr. Varun Dutta and Dr. Rajiv Kumar, the university coordinators of the Viksit Bharat Yuva Connect Programme. Sh. Baldev Raj Sharma, Hon'ble Member of the Legislative Assembly, Jammu and Kashmir, graced the occasion as the Chief Guest, inspiring students with his motivating words on the role of youth in shaping a developed India.</p>	04.08.2025	<p>https://www.facebook.com/share/p/16wDZRdM1b/</p> 	
5.	<p>Expert Talk on personality development</p>	<p>NSS unit of SMVDU organized expert talk on personality development. Lt. Col. Yogendra Gaur talks on how to face the interview and develop your personality and Mrs. Paridhi Sharma give the lecture communication skills. The event was organized in SMVDU campus. More than 300 students and volunteers were present in the event.</p>	06.08.2025		

6.	Youth Parliament under Viksit Bharat@2047 Yuva Connect Programme	Shri Mata Vaishno Devi University (SMVDU) successfully concluded its pre-event activities under the Flagship Viksit Bharat@2047 – Yuva Connect Programme, a national initiative to inspire youth participation in nation-building. As part of the programme, SMVDU conducted a series of engaging and impactful activities, including a Walkathon, Poster Making Competition, Debate Competitions, Youth Parliament, Expert Talks on Leadership & Motivation, Physical Fitness Activities, Cultural Events, and Plays/Skit/Nukkad Natak promoting the Nasha Mukt Bharat Abhiyaan. An Awareness Rally was also organized to extend the message of a drug-free India to the wider community. The Youth Parliament, entirely conceptualized and organized by the students, stood out as one of the most impactful events and was widely praised by all dignitaries and attendees for its depth, preparation, and spirited debate. The events were coordinated by Dr. Varun Dutta and Dr. Rajiv Kumar, with active involvement from SMVDU NCC Cadets, NSS volunteers, and students.	08.08.2025	https://www.facebook.com/share/p/1DDuMr1nkq/	
7.	Tiranga Rally organized by SMVDU Katra	Shri Mata Vaishno Devi University (SMVDU) successfully concluded its pre-event activities under the Flagship Viksit Bharat@2047 – Yuva Connect Programme. NSS SMVDU organized Tiranga rally with collaboration with NCC cadet of SMVDU. There are more than 300 Participated faculty, staff and students in the rally.	13.08.2025	https://www.facebook.com/share/v/1A3csaL1RN/	

8.	The Riddle Rumble	NSS Unit of SMVDU organized The Riddle Rumble – an ultimate riddle challenge organized by NSS Unit, SMVDU. An hour of sharp minds, quick thinking, and lots of fun!	29.08.2025	https://x.com/NSSsmvdu/status/1961470757436895240?t=MGKbRbPcLpt_oQ11Ots5KQ&s=08	
9.	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 08 units donated this month.	Whole month		
10.	Orientation Programme	NSS SMVDU organized an Orientation Session for the first-year students of Batch 2025-26, introducing them to the values of service, unity, and nation-building. Around 500 participants attended the programme.	03.09.2025	https://www.facebook.com/share/p/1CgSYYis18/	
11.	Hindi recitation Poetry competition	Hindi poetry recitation competition organized by NSS SMVDU Katra volunteers	04.09.2025	https://www.facebook.com/share/p/1BA4jQuYQs/	

12.	Organized a Debate Competition on the topic 'Should Voting be Made Compulsory?'. be Made Compulsory?'	NSS SMVDU organized a Debate Competition on the topic 'Should Voting be Made Compulsory?'. The event witnessed enthusiastic participation, arguments, and meaningful discussions on democracy and responsibility.	05.09.2025	https://x.com/NSSsmvdu/status/1964022827058622949?t=govDyBMFa7hZU2zxogh9w&s=19	
13.	Blind tickets selling	NSS SMVDU proudly supported the Indian Association for the Blind, Tamil Nadu. In just 2 days, we sold 1500+ badges, and the amount collected will directly contribute towards empowering the blind community.	08.09.2025	https://www.facebook.com/share/p/1BJ6N1982k/	
14.	personal hygiene and distributed sanitary pads to housekeeping staff of University	NSS SMVDU Katra volunteers briefed about personal hygiene and distributed sanitary pads to housekeeping staff of University	08.09.2025	https://www.facebook.com/share/p/17EwVf5awR/	



15.	Organized a paper bag-making event to promote eco-friendly living.	NSS SMVDU organized a paper bag-making event to promote eco-friendly living. Students participated enthusiastically in the activity. Together, they prepared around 500 paper bags, which will be donated to local shops to reduce the usage of plastic. A small step towards a sustainable tomorrow.	10.09.2025	https://www.facebook.com/share/p/172dhDS31f/	
16.	Organized a Poster Making Competition during "Swachhata Pakhwada".	NSS SMVDU organized a Poster Making Competition during "Swachhata Pakhwada". Through colors and creativity, students spread awareness about the importance of cleanliness, saving nature, and protecting our planet. Let's join hands to make Earth a cleaner and greener place to live!	13.09.2025	https://www.facebook.com/share/p/16kb75puGC/	

17.	राष्ट्रीय सेवा योजना श्री माता वैष्णो देवी विश्वविद्यालय , ने हिंदी दिवस बड़े गर्व और उत्साह के साथ मनाया।	राष्ट्रीय सेवा योजना श्री माता वैष्णो देवी विश्वविद्यालय , ने हिंदी दिवस बड़े गर्व और उत्साह के साथ मनाया। हिंदी केवल एक भाषा नहीं, बल्कि हमारी ऐतिहासिक और सांस्कृतिक धरोहर है। साहित्य, कविताओं और लोकगीतों के माध्यम से इसने हमारी परंपराओं को संरक्षित रखा और विविधता में एकता को मजबूत किया। इसी कारण हिंदी आज भी भारत की पहचान और हमारे गौरव के रूप में हृदय में बसी हुई है।	14.09.2025	https://www.facebook.com/share/v/1EtKfyFpFJ/	
18.	NSS SMVDU Katra volunteers celebrated Ozone day by organizing poster making and slogan writing events	NSS SMVDU Katra volunteers celebrated Ozone day by organizing poster making and slogan writing events	16.09.2025	https://www.facebook.com/share/p/1JbLBZ1BqU/	
19.	Donating stationery items and fruits to Govt. High School, Sirah students in Panthal block.	NSS SMVDU Katra initiated "Sewa Parv" Campaign by donating stationery items and fruits to Govt. High School, Sirah students in Panthal block. Volunteers donated around 150 notebooks with pencils, colors to the school students. Vice Chancellor Prof. Pragati Kumar also attended the said event and motivated students to excel in life with hardwork in studies and learning by serving community. School authorities thanked University authorities for their continuous support.	17.09.2025	https://www.facebook.com/share/p/18o6q7VERj/	




20.	Donated sanitary pads to students of Govt. High School, Sirah at Pathal block	NSS SMVDU Katra volunteers donated sanitary pads to students of Govt. High School, Sirah at Pathal block under the "Seva Parv" Campaign. Volunteers also briefed about the personal hygiene to the girl students of the school.	17.09.2025	https://www.facebook.com/share/p/1Q2a8jS TSg/	
21.	Organized collection drive for Old clothes and other items like books, toys etc.	NSS SMVDU Katra volunteers organized collection drive for Old clothes and other items like books, toys etc. The same will be donated to underprivileged community. The drive was a part of the campaign "Sewa Parv".	21.09.2025	https://www.facebook.com/share/p/166twygpLM/ 	
22.	Donated stationery items including notebooks, colors, pencils, sharpners and rubbers to the students of Govt. Primary School, Channi under Sirah Kotla Panchayat in Panthal block	NSS SMVDU Katra volunteers donated stationery items including notebooks, colors, pencils, sharpners and rubbers to the students of Govt. Primary School, Channi under Sirah Kotla Panchayat in Panthal block. Volunteers donated around 70 notebooks to the students. The donation drive was the part of the campaign "Sewa Parv".	22.09.2025	https://www.facebook.com/share/p/1GgTjY QBj8/	


<p>23.</p>	<p>Organized old clothes distribution drive in the campus for housekeeping staff and construction workers.</p>	<p>NSS SMVDU Katra volunteers organized old clothes distribution drive in the campus for housekeeping staff and construction workers. The initiative was the part of "Sewa Parv".</p>	<p>22.09.2025</p>	<p>https://www.facebook.com/share/p/1SqF5q pzym/</p>  <p>Dudura, null, null B-2, Junction, 2nd Floor, Shri Mata Vaishno Devi University Camp, Dudura, 152001 Lat: 32.940533° Long: 76.455427° 2025/09/22 10:11 PM GMT+05:30</p>	 <p>+2</p>
<p>24.</p>	<p>Celebrated International day of sign languages.</p>	<p>The National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University (SMVDU) Katra celebrated the International Sign Language Day with enthusiasm and awareness building activities. The day is celebrated to raise awareness about the importance of sign language and promote the rights of deaf and dumb persons. It reminds us that everyone should have a chance to communicate and be understood. On this occasion, NSS volunteer Ms. Tanisha sharma addressed the gathering and briefed the audience about the basic rules of Indian Sign Language (ISL). The initiative reflected the University's commitment to spreading awareness and fostering sensitivity towards special persons in society.</p>	<p>23.09.2025</p>	<p>https://www.facebook.com/share/v/14MgaJ VnGRG/</p>  <p>Dudura B-2, Junction, Dudura, 152001 Lat: 32.940533° Long: 76.455427° 2025/09/23 09:14 PM GMT+05:30</p>	 <p>+4</p>



25.	Celebrate NSS Day, 24th September is the foundation day of NSS	NSS SMVDU Katra volunteers celebrated NSS foundation day with a cultural evening named Sampda. Volunteers presented various performances including poetry, story telling, singing, dancing etc.	24.09.2025	https://www.facebook.com/share/p/1CmwXTLHp2/	
26.	Organizes Hands-On Training Program on Programming Fundamentals for Govt. High School Students	The School of Computer Science and Engineering (SCSE), in collaboration with the NSS wing of Shri Mata Vaishno Devi University (SMVDU), has launched a hands-on training program on Programming Fundamentals for school students. The initiative saw the enthusiastic participation of 42 students from Government High School, Sirah. The program is structured as a four-week series, with students attending sessions once a week. Designed to introduce young learners to the world of computers and programming, the initiative aims to foster digital literacy and spark interest in the field of computer science among rural students. The first session of the program focused on imparting elementary computer literacy, where students were familiarized with basic computer operations, usage, and essential applications.	26.09.2025	https://www.facebook.com/share/p/17JxV9MTQb/	
27.	Spread Knowledge Through Book Donation at Panthal School under "Sewa Parv"	In a remarkable step towards promoting education and nurturing young talent, the National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University (SMVDU) organized a book donation drive at Government Senior Secondary School, Panthal. The initiative aimed to extend academic support to students from Classes 9 to 12, particularly those preparing for higher studies and competitive examinations. As part of the drive, NSS volunteers donated NEET and JEE preparation books for Class 11 and 12 students, subject books for Classes 9 and	27.09.2025	https://www.facebook.com/share/p/16AHsT aJTB/	



		10, and around 200 notebooks to assist with their daily academic needs. This contribution was met with enthusiasm and gratitude from both students and faculty of the school, who acknowledged the importance of such support in bridging resource gaps faced by many learners in rural areas. Education is one of the most powerful tools for empowerment and even small contributions can create a long-lasting impact in shaping the aspirations of students.			
28.	Organized a morning fitness session	NSS SMVDU organized a morning fitness session to inspire healthy living, spread positivity, and encourage everyone to take a step towards wellness.	28.09.2025	https://x.com/NSSsmvdu/status/1972317616141378037?t=BfQcG07dM39swVAmdgcAw&s=19	
29.	Blood Donation Camp	The NCC and NSS units of Shri Mata Vaishno Devi University (SMVDU), Katra, in collaboration with the J&K Thalassemia Welfare Society, successfully organized a blood donation camp at the SMVDU campus. The initiative brought together students, staff, and community members in support of a life-saving cause.	30.09.2025	https://www.facebook.com/share/p/1FF6ec6XHy/	
30.	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 08 units donated this month.	Whole month		

31.	Swasth Bharat Vikshit Bharat	NSS SMVDU Katra is organizing weeklong fitness programme under the campaign Swastha Bharat Viksit Bharat	01.10.2025	https://www.facebook.com/share/p/16JVg2HEeu/	
32.	School visit for donation of creative chart and Nukkad Natak	NSS SMVDU Katra volunteers donated creative charts and some working models for better learning of students in classroom at Govt. High School, Sirah (Kakryal, Panthal block) under the campaign Sewa Parv. Volunteers also performed a nukkad natak on the theme 'Swacchata Hi Sewa " to aware students on the harmful effects of single use plastic and waste segregation rules.	03.10.2025	https://www.facebook.com/share/p/1D22AYpf3d/	
33.	First Aid Training session	The NSS Unit of Shri Mata Vaishno Devi University (SMVDU) recently held an intensive first aid training session, conducted by Ms. Sushma Kumari and Ms. Preeti from the Shri Mata Vaishno Devi College of Nursing (SMVDCoN) along with their students. The session aimed to equip students with practical skills to respond confidently in emergencies, combining hands-on demonstrations. Participants were trained to handle a wide range of emergencies, including burns, drowning, snake bites, dog bites, nosebleeds, cardiac incidents, and fractures. Trainers explained the types of burns—first-degree (redness and mild pain), second-degree (blisters and swelling), and third-degree (deep tissue damage)—and demonstrated correct first aid for each. Techniques for managing fractures, including safe handling of injured limbs, were also taught. Students practiced CPR and chest	04.10.2025	https://www.facebook.com/share/p/1H5YX5kua6/	

		<p>compressions, as well as assisted breathing using a roll to deliver air safely without mouth-to-mouth contact, reducing the risk of germs or infection. They were also shown how to control bleeding, treat bites, and respond to emergencies effectively until professional help arrives. The session reinforced the timeless principle that “prevention is better than cure,” underlining the importance of safety awareness, preparedness, and timely response.</p>			
34.	<p>Organised Month-Long Meditation Session Under “Sewa Parv”</p>	<p>The NSS unit of Shri Mata Vaishno Devi University organised a month-long meditation session under the initiative of “Sewa Parv.” The activity encouraged students to begin their day with peace, positivity, and discipline. The sessions were highly attended by students, reflecting their growing interest in meditation and healthy routines. Anapana meditation, mainly practiced in the morning sessions, focuses on mindful breathing and calming the mind. It teaches students to observe their breath quietly, which brings peace and clarity. The practice was kept simple so that even beginners could easily follow. Students shared that meditation reduced stress, improved energy, and sharpened their concentration.</p>	Whole Month	<p>https://www.facebook.com/share/p/16ja3LiRZH/</p>	
35.	<p>Organized Computer literacy session</p>	<p>The School of Computer Science and Engineering (SCSE), in collaboration with the NSS wing of Shri Mata Vaishno Devi University (SMVDU), has launched a hands-on training program on Programming Fundamentals for school students. The initiative saw the enthusiastic participation of 42 students from Government High School, Sirah. The program is structured as a four-week series, with students attending sessions once a week. Designed to introduce young learners to the world of computers and programming, the initiative aims to foster digital literacy and spark interest in the field of computer science among rural students. The first session of the program focused on imparting elementary computer literacy, where students were familiarized with basic computer operations, usage, and essential</p>	08.10.2025	<p>https://www.facebook.com/share/p/1D3zPDKTje/</p> 	

36.	Essay Writing competition on Sardar@150	<p>applications.</p> <p>NSS SMVDU katra volunteers organized Essay writing competition #Sardar@150 and participants also made their entry on My Bharat portal</p>	10.10.2025	https://www.instagram.com/p/DPjOck1kpOl/?utm_source=ig_web_button_share_sheet	
37.	Donated Books to Govt. Sec. School Tikri under Daan Utsav	<p>National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University (SMVDU) organized a book donation drive at Government Senior Secondary School, Tikri to promote education and nurturing young talent. The initiative aimed to extend academic support to students from Classes 11 to 12, particularly those preparing for higher studies and competitive examinations. As part of the drive, NSS volunteers donated NEET and JEE preparation books for Class 11 and 12 students to assist with their daily academic needs. This contribution was met with enthusiasm and gratitude from both students and faculty of the school, who acknowledged the importance of such support in bridging resource gaps faced by many learners in rural areas. Volunteers also donated creative charts for the classrooms for better understanding of various topics.</p>	11.10.2025	https://www.facebook.com/share/p/14P71mYpubj/	



38.	Organizes 'Vocal for Local' Event to Promote Young Artisan	The NSS unit of Shri Mata Vaishno Devi University (SMVDU), Katra, organized a 'Vocal for Local' event to promote local craftsmanship. The highlight of the event was handmade diyas crafted by Mohinder, a talented Class 8 student from Government High School, Sirah (Kakryal). Mohinder, known for his skill in creating decorative items, showcased a range of beautifully handcrafted diyas at a special stall set up within the university campus. The NSS volunteers actively supported the initiative by facilitating the stall and spreading awareness among the university community. The event witnessed enthusiastic participation from faculty, staff, and students, who purchased all the displayed items and lauded Mohinder's craftsmanship.	15.10.2025	https://www.facebook.com/share/p/1CrXxyBqCY/	
39.	Promoted Viksit Bharat Quiz on the final day of the quiz participation.	NSS SMVDU Katra volunteers promoted Viksit Bharat Quiz on the final day of the quiz participation. More than 400 students participated in the said quiz during last few days.	15.10.2025	https://www.facebook.com/share/p/17dDHj4eMq/	

40.	Organized Diwali Celebration	NSS SMVDU organized a Diwali celebration bringing together students, faculty, and campus staff to share the joy of light, unity, and gratitude. □ A collective celebration that reflected the essence of harmony and inclusiveness within our university community.	20.10.2025	https://www.instagram.com/reel/DQENZ1JjHpG/?utm_source=ig_web_button_share_sheet	 <p>A collage of images from an Instagram reel showing a Diwali celebration. It includes a group photo of people in traditional attire, a person lighting a diya, and a large display of lit diyas on a floor.</p>
41.	Organized poster making competition under the campaign Sardar@150 pre event activities	NSS SMVDU Katra volunteers organized poster making competition under the campaign Sardar@150 pre event activities	27.10.2025	https://www.facebook.com/share/p/1Fs17xP49G/	 <p>A collage of images from a Facebook post showing a poster-making competition. It includes a group photo of students holding their posters, a banner for the National Service Scheme (NSS) with the slogan 'HEALTHY YOUTH, HEALTHY INDIA', and several individual posters with drawings and text.</p>





42.	Participate in the My Bharat Quiz	NSS youth of Shri Mata Vaishno Devi University actively participated in the “Viksit Bharat @ 2047 – Voice of Youth (VBYD) Quiz2026 ” under the My Bharat Portal.	28.10.2025	https://www.instagram.com/p/DQXEoltEi5W/?utm_source=ig_web_button_share_sheet	 <p>The collage features logos at the top including NSS, VBYD, and the Ministry of Youth Affairs and Sports. Below are three images: a group of students sitting at tables, a person standing at the front of a hall, and a hand holding a smartphone next to a QR code.</p>
43.	Quiz Competition on Sardar Ballabh Bhai Patel under Sardar@150	NSS SMVDU Katra volunteers organized quiz competition on the life of Sardar Vallabhbhai Patel under the campaign Sardar@150 pre event activities	29.10.2025	https://www.facebook.com/share/p/17VpUYhvak/	 <p>The collage shows a group of students standing in front of a building, a large group of students in a hall, and several images of students participating in a quiz competition, including one with a hand raised.</p>
44.	Organized a Slogan Making Competition under the theme Sardar@150	NSS SMVDU organized a Slogan Making Competition under the theme Sardar@150, celebrating the legacy of Sardar Vallabhbhai Patel the Iron Man of India. Students expressed their creativity and patriotism through powerful words that echoed unity, leadership, and national pride.	30.10.2025	https://x.com/NSSsmvdu/status/1983950098750173695	 <p>The collage shows students in a classroom setting, with one student writing a slogan on a piece of paper. The slogan reads: "एकता ही हमारे अस्तित्व का आधार है। एकता ही हमारे सच्चे विकास है। -सर्दार वल्लभभाई पटेल" (Unity is the foundation of our existence. Unity is our true development. -Sardar Vallabhbhai Patel).</p>



					
45.	Organizing "Run for Unity" on Rastriya Ekta Diwas to commemorate the birth anniversary of Sardar Vallabhbhai Patel	<p>On the auspicious occasion of the 150th Birth Anniversary of the Iron Man of India, Sardar Vallabhbhai Patel, NSS SMVDU, in collaboration with the Jammu & Kashmir Police, proudly organized the “Run for Unity” under the banner of Sardar @150.</p> <p>This event wasn’t just a run; it was a tribute to the man who united a nation divided by boundaries and strengthened the foundation of Ek Bharat, Shreshtha Bharat.</p> <p>With every step, participants carried forward the message of harmony, brotherhood, and national pride — reminding us that India’s greatest strength lies in its Unity in Diversity. Let’s pledge to keep this spirit alive and continue to walk the path shown by Sardar Patel — the path of courage, integrity, and unity.</p>	31.10.2025	<p>https://x.com/NSSsmvdu/status/1984253103848505622</p> 	
46.	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 07 units donated this month.	Whole month		
47.	Visited Govt. Model Hr. Sec. School, Katra, for an engaging interaction with young minds	The NSS SMVDU visited Govt. Model Hr. Sec. School, Katra, for an engaging interaction with young minds. The session focused on career guidance, personality development, and the importance of continuous learning. From sharing real-life experiences to answering curious questions, it was a day filled with inspiration, motivation, and meaningful exchange — nurturing dreams that will shape tomorrow	01.11.2025	<p>https://x.com/NSSsmvdu/status/1984692248773382491</p>	



					
48.	Organized a refreshing walkathon event to the nearby village promoting health, harmony, and community spirit.	NSS SMVDU Katra volunteers organized a refreshing walkathon event to the nearby village promoting health, harmony, and community spirit. The event was organized under the campaign "Swasth Bharat Viksit Bharat".	02.11.2025	https://www.facebook.com/share/p/1LPjB8HN3p/ 	 
49.	Organized Cultural Evening "Sampada" on the theme National Unity	The National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University, Katra organized a vibrant cultural evening titled "Sampada" to celebrate the artistic spirit and creativity of its volunteers. The event brought together students and faculty for an evening filled with entertainment, enthusiasm, and cultural pride and national unity. The programme began with a warm welcome address, followed by a series of captivating performances by NSS volunteers. The main constituents of the event were singing, dance, and poetry, each showcasing the diverse talents of the participants. Melodious songs set the tone for the evening, while energetic dance performances added colour and rhythm to the celebration. The poetry recitations touched hearts with themes of humanity, service, and youth empowerment.	04.11.2025	https://www.facebook.com/share/p/1BLddfEZdY/	

50.	Organized weeklong fitness programme under Swasth Bharat Viksit Bharat	NSS SMVDU Katra volunteers organized weeklong fitness programme under Swasth Bharat Viksit Bharat, volunteers also sang Vande Matram the National song daily during these sessions.	Whole Month	https://www.facebook.com/share/p/15mH9zKNf4/	
51.	Organized documentary session on India's Greatest Icons in Army	NSS SMVDU Katra volunteers organized documentary session on India's Greatest Icons in Army. More than 100 volunteers participated in the said event.	06.11.2025	https://www.facebook.com/share/p/1Dik5Vdtjh/	



52.	organized a session to show gratitude towards our grandparents	NSS SMVDU Katra volunteers organized a session to show gratitude towards our grandparents by making greeting cards. Students also shared their memories with the grandparents.	05.11.2025	https://www.facebook.com/share/p/1A4WacJzQj/ 	    
53.	Participated in 2 quiz on My Bharat portal.	NSS SMVDU Katra volunteers participated in 2 quiz on My Bharat portal. Quiz topics were 150 years of Vande Matram and CPR awareness. More than 100 students participated in the online quiz.	09.11.2025	https://www.facebook.com/share/p/1D9K2BphLy/ 	   
54.	organized a Documentary screening on the topic "The Ultimate Pilgrimage"	NSS SMVDU Katra volunteers organized a Documentary screening on the topic "The Ultimate Pilgrimage" under mental health campaign.	10.11.2025	https://www.facebook.com/share/p/17sYyuTCNr/ 	   



55.	organized poster making event to spread awareness about domestic violence.	NSS SMVDU Katra volunteers organized poster making event to spread awareness about domestic violence.	11.11.2025	https://www.facebook.com/share/p/14MNJLpEaog/ 	
56.	organized paper bag making event by using old newspapers	NSS SMVDU Katra volunteers organized paper bag making event by using old newspapers and made around 500 bags during the said event.	12.11.2025	https://www.facebook.com/share/p/1G1vSbAEY/ 	

57.	Participated in Valedictory Function of 150th Year of 'Vande Mataram' Celebration	NSS units of Shri Mata Vaishno Devi University (SMVDU) participated in the valedictory function of the first phase of celebrations marking the 150th year of the national song 'Vande Mataram', held at M.A. Stadium, Jammu. The event witnessed an overwhelming response, with more than 20,000 students and citizens coming together to participate in the mass singing of 'Vande Mataram', creating a truly patriotic and inspiring atmosphere.	14.11.2025	https://www.facebook.com/share/p/14Ub9w pG6JZ/	
58.	Celebrated World Kindness Day	NSS SMVDU katra volunteers celebrated World Kindness Day and students also shared their core memories of the related incidents.	13.11.2025	https://www.facebook.com/share/p/19qcWH DFw9/	



59.	distributed handmade bags to local shopkeepers	NSS SMVDU katra volunteers distributed hand made bags to local shopkeepers to promote plastic free environment.	13.11.2025	https://www.facebook.com/share/p/1CjtLaEWFH/	
60.	Organized awareness session on personal hygiene and donated sanitary napkins	NSS SMVDU Katra volunteers organized awareness session on personal hygiene and donated sanitary napkins to housekeeping staff, security guards and housemaids.	13.11.2025	https://www.facebook.com/share/p/1APp7Aq6tn/	




61.	Organized weeklong Morning meditation sessions and also promoted cultural heritage.	NSS SMVDU Katra organized weeklong Morning meditation sessions and also promoted cultural heritage. Volunteers began their day in serenity and tradition, wrapped in the timeless Shawl/Loi.	Whole Month	https://www.facebook.com/share/p/1BgZhkr2Ec/	
62.	Conducts outreach visit at Jagriti Old Age Home and Orphanage at Udhampur	The National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University, Katra organised a compassionate outreach visit to Jagriti Old Age Home and Orphanage in Udhampur. The initiative aimed to strengthen the spirit of service among student volunteers and promote empathy, social awareness, and community engagement.	15.11.2025	https://www.facebook.com/share/p/19z4XqEBAq/ 	
63.	Participating in 10 days National Adventure camp at Himachal Pardesh	NSS SMVDU Katra volunteers Avinash and Kirti participating in 10 days National Adventure camp at Himachal Pardesh	15.11.2025 to 24.11.2025	https://www.facebook.com/share/p/1ZtLp7GhK8/	

<p>64.</p>	<p>Organized a seminar in Collaboration with J&K Police to commemorate the 150th birth anniversary of the Iron Man of India, Sardar Vallabhbhai Patel.</p>	<p>hri Mata Vaishno Devi University (SMVDU) organised a seminar in collaboration with J&K Police to commemorate the 150th birth anniversary of the Iron Man of India, Sardar Vallabhbhai Patel. The event was held at SMVDU with great enthusiasm and witnessed participation from students, faculty, NCC cadets, and NSS volunteers. Prof. (Dr.) Pragati Kumar, Hon'ble Vice Chancellor, SMVDU, graced the occasion as the Chief Guest. Maj. Gen. Anupinder Bevli, VSM, Additional Director General, JK&L NCC Directorate, was the Guest of Honour. The programme featured a vibrant blend of activities, beginning with a declamation competition in which students articulated Patel's contributions to national integration and his historic role in shaping modern India. Cultural performances, particularly energetic and thematic dance presentations, added colour and enthusiasm to the celebration.</p>	<p>20.11.2025</p>	<p>https://www.facebook.com/share/p/1D5JoKnMR2/</p>	
<p>65.</p>	<p>Organized a refreshing and transformative five-day online meditation under the banner of 'National workshop- Inner Harmony- Five Days of Meditation and Renewal'</p>	<p>The National Service Scheme (NSS) unit of SMVDU successfully organised a refreshing and transformative five-day online meditation under the banner of 'National workshop- Inner Harmony- Five Days of Meditation and Renewal'. The weeklong sessions were conducted by the expert Smt. Lalitashree Rajesh, a certified yoga and meditation teacher. It was held in the early morning hours, the sessions saw massive participation from students across the university. Although each session lasted for one hour, students expressed that it never felt long—thanks to the calm, engaging, and comforting presence of the expert. Each day began with simple warm-up exercises aimed at activating the body and sharpening concentration. The expert guided students with gentle, soothing instructions, creating a stress-free environment where every participant felt calm and centred. She emphasized maintaining a straight spinal posture to enhance awareness and improve mental stability. The</p>	<p>17.11.2025 to 21.11.2025</p>	<p>https://www.facebook.com/share/p/1H77cKd1G3/</p>	



		expert introduced students to various meditation techniques like Anapana meditation leading to Vipashyana meditation, yoga nidra meditation, body and mind relaxing techniques and explaining their significance and methods in detail. Her teachings helped the participants connect deeply with the practice of mindful breathing.			
66.	Organized a wall painting event in Govt. High School, Sirah, Kakryal situated in Panthal block.	NSS SMVDU Katra volunteers organized a wall painting event in Govt. High School, Sirah, Kakryal situated in Panthal block. Creative paintings were drawn on the walls of the school. English and Hindi alphabets in creative way were also drawn. Computer system related painting was drawn outside the computer lab. The main motive behind the initiative was to make school students feel proud and happy while coming to school and the beatification of the school. Volunteers sincerely worked for around four hours and showcased their creativity during the event.	22.11.2025	https://www.facebook.com/share/p/1C2twMgr2k/	
67.	NSS SMVDU Katra volunteers participated in District youth parliament competition at GDC Reasi	NSS SMVDU Katra volunteers participated in District youth parliament competition at GDC Reasi	26.11.2025	https://www.facebook.com/share/p/1Ev9PyYNTn/	

68.	SMVDU hosted educational visit of Jammu Sanskriti School, Jammu	SMVDU Katra hosted educational visit of students from Jammu Sanskriti School, Jammu under outreach activity program. Around 30 students along with their teachers and vice principal participated in the visit. The visit was organized to enhance knowledge/awareness among students about higher educational institutions. NSS volunteers of the University accompanied the school team during the visit.	28.11.2025	https://www.facebook.com/share/p/1Ag3QLS3sL/	
69.	NSS SMVDU Katra volunteers daily sharing leftover hostel mess foods to the construction workers	NSS SMVDU Katra volunteers daily sharing leftover hostel mess foods to the construction workers with the following message "Before you waste it, think of who might need it. Leftover mess food can fill someone's empty stomach. Let's share what's extra and spread a little humanity"	Whole Month	https://www.facebook.com/share/p/1JpSZqb9KK/	
70.	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 07 units donated this month.	Whole month		

71.	Wrap with Pride	<p>NSS SMVDU launched a unique initiative 'Wrap with Pride' to promote cultural legacy</p> <p>In an inspiring effort to reconnect youth with India's rich cultural legacy, the National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University (SMVDU) launched a unique campaign titled "Wrap With Pride" on campus during morning meditation sessions. The initiative encourages students to drape traditional shawls/Loi as a symbol of cultural pride and heritage preservation. The peaceful hall, bathed in soft morning light, turned into a living canvas of India's cultural heritage as students draped traditional shawls to honor the craft of their forefathers. In a heartwarming display of unity, students who did not have shawls wrapped themselves in their bedsheets and blankets, determined to be part of the initiative. The NSS unit highlighted that in the rush for modern convenience and fast fashion, we have started— forgetting the very traditions that kept our ancestors connected to their culture and community.</p>	01.12.2025 to 10.12.2025	https://www.facebook.com/share/p/1DKMCxRmAx/	
72.	Organized a morning walkathon event to explore nature in the nearby surrounding areas.	<p>NSS SMVDU volunteers organized a morning walkathon event to explore nature in the nearby surrounding areas. The total distance covered was 10 Km during the walkathon event. Around 30 volunteers participated in this event.</p>	06.12.2025	https://www.facebook.com/share/p/1GGqS4HiGc/	



73.	Organized cleanliness drive in Sirah village	NSS volunteers of Shri Mata Vaishno Devi University, Katra organized a cleanliness drive in Sirah village I. The main motive of the drive was to collect single use plastic waste in the village and to aware villagers about the importance of cleanliness. During the drive around 2 km distance was covered. Around 50 NSS volunteers actively participated in the said event and collected around 70 Kg of single use plastic waste. Volunteers also organized an awareness rally for the same from University to village area.	07.12.2025	https://www.facebook.com/share/p/1FhQPDY7ux/ 	
74.	Govt. Women ITI Dharmari students visited SMVDU Katra	Govt. Women ITI Dharmari students visited SMVDU Katra. Students visited various facilities in the campus like Central Library, auditorium, advanced labs etc. NSS volunteers coordinated the said visit.	19.12.2025	https://www.facebook.com/share/p/1C2t7SFYV/	




75.	Visited Govt. High School, Sirah, Kakryal	NSS SMVDU Katra volunteers visited Govt. High School, Sirah, Kakryal and donated geometry boxes, sweaters and creative charts for the computer lab in the school.	26.12.2025	https://www.facebook.com/share/p/15s2GaRuiP/ 	
76.	walkathon followed by a thoughtful discussion on “Protect Today, Secure Tomorrow”,	NSS Special Camp '26, Basohli The day began with a walkathon followed by a thoughtful discussion on “Protect Today, Secure Tomorrow”, moved through Basohli Fort, the art gallery, and Atal Setu—and concluded with a vibrant cultural evening that brought hearts together.	31.12.2025	https://x.com/NSSsmvdu/status/2006714664395342232?s=20 	
77.	Organized with the objective of developing social responsibility, discipline, and awareness among NSS volunteers while actively serving the local community.	The camp was organized with the objective of developing social responsibility, discipline, and awareness among NSS volunteers while actively serving the local community. The different activities planned during the camp are cleanliness drive, wall painting, visits to heritage sites, awareness programmes with local community, cultural programmes, morning fitness activities etc. As part of the learning experience, the volunteers visited the historic Basohli Fort and the modern Atal Setu. These visits helped volunteers understand the importance of history as well as development. The Basohli Fort reflects the rich history and cultural heritage of	31.12.2025	https://www.facebook.com/share/p/1BkdxLauHb/ 	




		Vishwasthali. It reminds the art, bravery, and lifestyle of people from the past. Through this visit, volunteers learnt that it is their duty to protect and preserve such historical monuments so that future generations can remain connected to their heritage.			
78.	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 06 units donated this month.	Whole month		
79.	Engaged in a thought-provoking interaction with Tehsil Legal Service Committee, Basohli	NSS SMVDU Katra volunteers engaged in a thought-provoking interaction with Tehsil Legal Service Committee, Basohli on the theme "Protect Today Secure Tomorrow" during their seven-day special camp. The discussion highlighted proactive measures for a safer future and featured insights from officials on community-driven initiatives.	01.01.2026	https://www.facebook.com/share/p/16nf4kuayk/	
80.	Organized with the objective of developing social responsibility, discipline, and awareness among NSS volunteers while actively serving the local community.	The camp was organized with the objective of developing social responsibility, discipline, and awareness among NSS volunteers while actively serving the local community. The different activities planned during the camp are cleanliness drive, wall painting, visits to heritage sites, awareness programmes with local community, cultural programmes, morning fitness activities etc. As part of the learning experience, the volunteers visited the historic Basohli Fort and the modern Atal Setu. These visits helped volunteers understand the importance of history as well as development. The Basohli Fort reflects the rich history and cultural heritage of Vishwasthali. It reminds the art, bravery, and lifestyle of people from the past. Through this visit, volunteers learnt that it is their duty to protect and preserve such	01.01.2026	https://www.facebook.com/share/p/1BkdxLauHb/	



		historical monuments so that future generations can remain connected to their heritage.			
81.	Walkathon	The new year began with a walkathon, followed by blessings at Mata Chanchlo Devi Mandir—and concluded with a soulful cultural evening featuring duet singing and heartfelt storytelling.	01.01.2026	https://x.com/NSSsmvdu/status/2007669664143540320?s=20	
82.	single-use waste was collected to protect nature	A meaningful day at Purthu (Mini Goa), where service met action—nearly 40 kg of single-use waste was collected to protect nature, followed by a vibrant cultural evening featuring a group song and impactful acting that carried the message forward.	02.01.2026	https://x.com/NSSsmvdu/status/2007670853845352866?s=20	
83.	Organized awareness campaign at Aanganwadi Kendra Basohli and donated sanitary napkins	NSS SMVDU Katra volunteers organized awareness campaign at Aanganwadi Kendra Basohli and donated sanitary napkins during the seven days special camp at Basohli, Kathua	03.01.2026	https://www.facebook.com/share/p/1ZTquNoVp6/	

84.	NSS SMVDU Katra volunteers organized wall painting and cleanliness drive at children's park in Basohli	NSS SMVDU Katra volunteers organized wall painting and cleanliness drive at children's park in Basohli during the seven days special camp. The volunteers actively participated in the drive at the Vishwasthali Children's Park. The volunteers painted colourful cartoons and aquatic animals on the walls of the park to make it more attractive and enjoyable for children. A Rangoli was also created near the main entrance of the park to spread awareness about wildlife conservation. The park was named "Vishwasthali Children's Park", giving it a distinct identity. In addition, educational elements such as alphabets and numbers were painted to help young children learn in a playful and engaging manner. Several awareness slogans like "Save Forest, Save World" and "love tree love life" were also added to convey important messages related to environmental protection.	03.01.2026	https://www.facebook.com/share/p/17wRmYr1qB/	
85.	service and social awareness transforming spaces through wall painting and restoring a park	A day of service and social awareness transforming spaces through wall painting and restoring a park that was in poor condition, along with donating sanitary napkins to women and spread awareness about beneficial government schemes through Anganwadi.	03.01.2026	https://x.com/NSSsmvdu/status/2007818235983605782?s=20	
86.	organized wall painting and cleanliness drive at children's park in Basohli	NSS SMVDU Katra volunteers organized wall painting and cleanliness drive at children's park in Basohli during the seven days special camp. The volunteers actively participated in the drive at the Vishwasthali Children's Park. The volunteers painted colourful cartoons and aquatic animals on the walls of the park to make it more attractive and enjoyable for children. A Rangoli was also created near the main entrance of the park to spread awareness about wildlife conservation. The park was named "Vishwasthali Children's Park", giving it a distinct identity. In addition, educational elements such as alphabets and numbers were painted to help young	03.01.2026	https://www.facebook.com/share/p/1DSrDDV9Et/	



		children learn in a playful and engaging manner. Several awareness slogans like “Save Forest, Save World” and "love tree love life "were also added to convey important messages related to environmental protection.			
87.	Organized a session on ropes, knots, and basic mountaineering techniques	The NSS unit of SMVDU Katra organised a session on ropes, knots, and basic mountaineering techniques for its volunteers during the seven-day special camp at Basohli. The hands-on training aimed to equip volunteers with essential skills, discipline, and a spirit of adventure.	04.01.2026	https://www.facebook.com/share/p/17qMa8Uttx/	
88.	Visited Handloom weaving site	NSS SMVDU volunteers visited Handloom weaving site to see the making of Basohli shawls during the seven days special camp at Basohli, Kathua	05.01.2026	https://www.facebook.com/share/p/173Er6FBSQ/	

89.	Interacted with local folk singer Naitik Kathyal at Basohli	NSS SMVDU Katra volunteers interacted with local folk singer Naitik Kathyal at Basohli under the campaign Vocal for Local during the seven days special camp.	05.01.2026	https://www.facebook.com/share/p/17HcDf9epA/	 
90.	Distributed handmade paper bags to local shopkeepers in Basohli	SMVDU Katra's NSS unit distributed handmade paper bags to local shopkeepers in Basohli, promoting eco-friendly alternatives to plastic and encouraging sustainable practices in the community during the seven-day special camp.	05.01.2026	https://www.facebook.com/share/p/17qSoB BN7E/	



91.	The valedictory ceremony of the seven-day special camp of the National Service Scheme (NSS) was successfully organized at Basohli	The valedictory ceremony of the seven-day special camp of the National Service Scheme (NSS) was successfully organized at Basohli (Vishwastali) with great enthusiasm and active participation. The camp aimed at promoting social responsibility, discipline, and community service among the volunteers. The programme was graced by the Chief Guest, ADC Shri. Pankaj Bhagotra, JKAS, whose presence motivated volunteers during the event. CDPO (Child Development Project Officer) Shri Rakesh Kumar also attended the ceremony as a distinguished guest.	06.01.2026	https://www.facebook.com/share/p/183YhLHtjs/	
92.	Organized a marathon viz. "Run for Swadeshi (Swadeshi Sankalp Run)" on the occasion of 164th Birth Anniversary of Swami Vivekananda,	Shri Mata Vaishno Devi University organized a marathon viz. "Run for Swadeshi (Swadeshi Sankalp Run)" on the occasion of 164th Birth Anniversary of Swami Vivekananda, remarking the celebration of National Youth Day. The event was held under the able guidance and inspiration of the Hon'ble Vice-Chancellor, Prof. Pragati Kumar, whose vision and encouragement played a pivotal role in the successful organization of the marathon. Addressing the gathering, the Hon'ble Vice-Chancellor highlighted the significance of organizing the marathon on the birth anniversary of Swami Vivekananda, emphasizing the values of self-confidence, dedication, and responsible citizenship.	12.01.2026	https://www.facebook.com/share/p/1GDzmXkeBL/	
93.	SMVDU, NSS volunteer invited as Special Guest selected among 100 Best Performing	NSS SMVDU Katra volunteer Ambuj Rai witnessed 77th Republic Day Parade ceremony at Kartavya Path, New Delhi. He was invited as Special Guest selected among 100 Best Performing My Bharat NSS Volunteers throughout India.	26.01.2026	https://www.facebook.com/share/p/1FabRrH3p9/	





94.	Celebration 150 years of Vande Mataram	NSS SMVDU celebrated Celebration 150 years of Vande Mataram with Collective singing of Vande Mataram song	26.01.2026		
95.	SMVDU hosted exposure visit of Govt. Moddle Middle School, Satwari	SMVDU hosted exposure visit of Govt. Moddle Middle School, Satwari	29.01.2026		



96.	Organized a Picture Based Story Writing activity with the motto “See Beyond the Frame and Write Beyond the Limit.”	The NSS Unit of SMVDU organized a Picture Based Story Writing activity with the motto “See Beyond the Frame and Write Beyond the Limit.”The activity encouraged students to think creatively and express their imagination through stories.Participants observed the picture carefully and wrote unique stories beyond what was visible.It was an engaging and fun way to enhance creativity, thinking, and writing skills. Students also discussed their stories with the audience.	30.01.2026	https://www.facebook.com/share/p/17vWy9yGMP/	
97.	Cloth collection and distribution drive	NSS, Shri Mata Vaishno Devi University, organized an event for the collection and distribution of old clothes. The clothes were collected from the residential area of the campus and were distributed among the needy workers.	31.01.2026	https://www.instagram.com/p/DUOB_80Cfgl/?utm_source=ig_web_button_share_sheet	
98.	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 06 units donated this month.	Whole month		



99.	Hosted educational visit of students from PM SHRI GHS Boys Kandoli, Nagrota under an outreach activity program.	SMVDU Katra hosted educational visit of students from PM SHRI GHS Boys Kandoli, Nagrota under an outreach activity program. Around 150 students along with their teachers participated in the visit. The visit was organized to enhance knowledge/awareness among students about higher educational institutions. NSS Coordinator, Dr. Rajiv Kumar welcomed the school officials and students and gave a brief introduction of the University. NSS volunteers of the University accompanied the school team during the visit. Students were motivated to join higher educational institutes after completing their class 12th. During the event the school team visited various university facilities like the library, central workshop, auditorium etc. School officials thanked the University authorities for hosting the visit.	02-02-2026	https://www.facebook.com/share/p/1Esi1eLjVK/	
100	Organized quiz competition on Road Safety to aware students about the road safety measures.	NSS SMVDU Katra volunteers organized quiz competition on Road Safety to aware students about the road safety measures. Students also participated in Budget quiz - Budget Quest on My Bharat portal. NSS volunteers Kriti Mahajan and Abhikash Gupta coordinated the said event.	03-02-2026	https://www.facebook.com/share/p/1BXTd62ysm/	

101	Celebrated 150 years of VandeMatram by a documentary screening of "Journey of VandeMatram".	NSS SMVDU Katra volunteers celebrated 150 years of VandeMatram by a documentary screening of "Journey of VandeMatram". Dean Student Welfare and Nodal officer of the celebration Prof. R. K. Mishra and Dr. Rajiv Kumar, NSS Co-ordinator also attended the event.	04-02-2026	https://www.facebook.com/share/p/1Fw17DrbgZ/	
102	NSS SMVDU Launches Humari Sanskriti, Humari Pehchaan Series with J&K Culture and Language	The NSS Unit of SMVDU, Katra, kicked off its HumariSanskriti, HumariPehchaan series, aimed at promoting cultural exchange and language learning among students, with the first session focusing on Jammu & Kashmir's rich culture and language. The event saw enthusiastic participation from students who gathered to learn about the state's vibrant heritage. The interactive session included presentations, demo conversations, dance, and singing, making learning fun and engaging. Students were encouraged to bring a notebook and pen to jot down important words and phrases in the J&K language.	05-02-2026	https://www.facebook.com/share/p/1Dh8NQ1F4Z/	
103	NSS Unit Embarks on Uplifting Walkathon to ChakBahgta Village	The National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University (SMVDU) organized a spirited walkathon today, flagging off from the university campus and trekking to nearby Chak Bahgta village. The march wasn't just a fitness stride; it turned into a cultural and community immersion. Volunteers soaked in the serene natural beauty en route and were greeted with open arms by the warm-hearted villagers of Jammu. The hosts treated the NSS team to local dishes, adding a flavorful touch to the day. Highlighting their social commitment, the volunteers distributed notebooks, games to the village children, sparkling smiles and curiosity. The group	07-02-2026	https://www.facebook.com/share/p/1CHT4KEWHT/	



		also visited the Anganwadi centre at Chak Bhagta, gaining first hand insight into its functioning and ongoing activities.			
104	Hosted Educational Visit of PM SHRI GHS Boys Kandoli, Nagrota	SMVDU Katra hosted exposure visit of students from Govt. Higher Sr. Sec. School, Pallanwala, Jammu under outreach activity program. Around 350 students along with Principal and teachers participated in the visit. The visit was organized to enhance awareness among students about higher educational institutions. NSS Coordinator, Dr. Rajiv Kumar welcomed the school officials and students and gave a brief introduction of the University. NSS volunteers of the University accompanied the school team during the visit.	09-02-2026	https://www.facebook.com/share/p/1JPvaPPD6g/	
105	NSS Unit of Shri Mata Vaishno Devi University organized a Personal Hygiene Awareness Program at Government High School Sirah, Kakryal	The NSS Unit of Shri Mata Vaishno Devi University organized a Personal Hygiene Awareness Program at Government High School Sirah, Kakryal, in the Panchal block with the aim of promoting healthy habits among students. The session focused on increasing awareness about personal hygiene practices such as self-care, proper grooming, and maintaining cleanliness to lead a healthy lifestyle. Volunteers explained the importance of staying neat and clean and how good hygiene positively impacts overall well-being and confidence. As part of the initiative, NSS volunteers distributed sanitary pads to young girls and discussed their importance. They also guided students on how to maintain proper hygiene during the menstrual cycle and encouraged them to speak openly about menstrual health without hesitation.	14-02-2026	https://www.facebook.com/share/p/1DesFB6r1b/	



106	NSS SMVDU Katra volunteers organized paper bag making event	NSS SMVDU Katra volunteers organized paper bag making event from old newspapers and made around 2500 bags in 2 days. These bags will be provided to nearby shopkeepers to reduce usage of polythene bags.	18.02.2026	https://www.facebook.com/share/p/1FtbaSA3ow/ 	
107	Waste into beautiful and useful creations.	This event celebrating creativity and sustainability by turning waste into beautiful and useful creations. Participants transformed discarded materials into inspiring artworks, proving that imagination can give new life to the forgotten.	25.02.2026	https://www.instagram.com/p/DVTSyBkCfT2/?utm_source=ig_web_button_share_sheet	
108	NSS SMVDU proudly celebrates National Women's Day,	On the birth anniversary of Sarojini Naidu, the NSS SMVDU proudly celebrates National Women's Day, honoring the Nightingale of India whose fearless voice and unwavering spirit continue to inspire women to lead with courage and confidence		https://www.instagram.com/p/DVAmxTheVNR/?utm_source=ig_web_button_share_sheet	



109	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 06 units donated this month.	Whole month		
110	NSS SMVDU volunteers organized gratitude cards making event	NSS SMVDU volunteers organized gratitude cards making event for housekeeping staff of University. It was an event to showcase respect and affection towards all the helpers in a creative way.	01.03.2026	https://www.facebook.com/share/p/18Ah6zc uqM/	
111	NSS SMVDU volunteers organized "Humaari Sanskriti Humaari Pehchan" event	NSS SMVDU volunteers organized "Humaari Sanskriti Humaari Pehchan" event. It's a weekly event and this time volunteers from the state of Rajasthan showcased the culture of Rajasthan in the said event discussing history, culture, valor, cuisines with some mesmerizing cultural performances.	07.03.2026	https://www.facebook.com/share/p/1GS8e8 87od/	

112	NSS SMVDU volunteers organized quiz competition	NSS SMVDU volunteers organized quiz competition on General Knowledge related to different states of India under the campaign "Humaari Sanskriti Humaari Pehchan". Around 80 students participated in the said event.	08.03.2026	https://www.facebook.com/share/p/18u4ih4D2n/	
113	NSS SMVDU volunteers organized creative chart making session	NSS SMVDU volunteers organized creative chart making session and students also converted waste into useful items for school students of nearby villages. Around 60 volunteers participated in the said event.	08.03.2026	https://www.facebook.com/share/p/1FccGAVQrx/	



114	NSS volunteers of Shri Mata Vaishno Devi University (SMVDU) recently participated in a week-long National Integration Camp (NIC) held at Chaudhary Devi Lal University, Sirsa, Haryana.	The NSS volunteers of Shri Mata Vaishno Devi University (SMVDU) recently participated in a week-long National Integration Camp (NIC) held at Chaudhary Devi Lal University, Sirsa, Haryana. Representing the Jammu and Kashmir contingent, Ms. Tanisha Sharma and Mr. Rahul Yadav were selected to take part in this prestigious national-level event. The National Integration Camp, organized annually under the aegis of National Service Scheme (NSS), spans seven days and provides full boarding and lodging. Only two volunteers—one male and one female—from each university are chosen, making it a highly selective program. Each camp typically hosts around 200 NSS volunteers from across the country. The camp commenced with daily activities beginning with the reading of the Preamble and the NSS song, fostering a strong sense of unity and patriotism among participants.	06.03.2026 to 12.03.2026	https://www.facebook.com/share/p/18cn1ctPSL/	
115	Hosted educational visit of PMSHRI Govt. Higher Secondary School, Tote, Reasi.	SMVDU hosted educational visit of PMSHRI Govt. Higher Secondary School, Tote, Reasi. Students visited different labs and other facilities of the University. NSS volunteers coordinated the said visit.	13.03.2026	https://www.facebook.com/share/p/1ArhGSdF9y/	
116	Organized a Collective Singing Session of “VandeMataram”	NSS SMVDU successfully organized a Collective Singing Session of “VandeMataram” as part of Phase III of the nationwide commemoration marking 150 years of the iconic patriotic song. Organized under the aegis of NSS SMVDU, the initiative aimed to reinforce the values of patriotism, harmony, and cultural heritage amongst the university	21.03.2026	https://www.facebook.com/share/p/18XdpxS2DP/	



		students.			
117	NSS SMVDU Volunteer Pratibha Singh Shines at State-Level Youth Parliament at Jammu	NSS volunteer, Pratibha Singh of Shri Mata Vaishno Devi University (SMVDU) has earned a remarkable double-achievement in the Viksit Bharat Youth Parliament 2026. After clinching first position at the district-level competition held at GDC Reasi, she went on to represent the region in the State-Level Youth Parliament staged at the JK Legislative Assembly, Jammu. Competing against the top five students from each of J&K's districts, the event featured lively debates, distinguished guests, and a rigorous panel of judges. Pratibha gave her best and secured an impressive 5th position at the state level, showcasing her dedication, critical thinking, and oratory skills. The State-Level Youth Parliament was a vibrant platform that witnessed spirited discussions on key issues shaping India's future. Pratibha's achievement is a testament to her hard work and the guidance she received from her mentors. Her participation has not only brought laurels to herself but also to SMVDU and the NSS team.	24.03.2026	https://www.facebook.com/share/p/18drPEa9uC/	
118	Organized a collective singing event as part of Phase 3 of the 150-year commemoration of *VandeMaatram*.	NSS SMVDU organized a collective singing event as part of Phase 3 of the 150-year commemoration of *VandeMaatram*. The event aimed to promote a sense of national pride and cultural awareness among the university community. The programme was conducted in the esteemed presence of Vice Chancellor, Professor Pragati Kumar, Dean Student Welfare Prof. R. K. Mishra, Dean Academic Affairs, Prof. Balbir Singh, NSS Programme Coordinator, Dr. Rajiv Kumar. Students, faculty members, and staff participated in the event and rendered *VandeMaatram* in unison.	25.03.2026	https://www.facebook.com/share/p/1HDSiNobiE/	
119	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 06 units	Whole month		



		donated this month.			
120	Organizes a week-long morning fitness session	NSS SMVDU organizes a week-long morning fitness session at the university ground, promoting discipline, physical well-being, and team spirit among volunteers.	01.04.2026 to 15.04.2026	https://www.instagram.com/p/DWmJmHoCQ5p/?utm_source=ig_web_button_share_sheet	
121	Seva hi samarpan.	At NSS SMVDU, this isn't just an initiative, it's a daily commitment. Our volunteers collect leftover food from the mess every day and serve it with care to the hardworking construction workers on campus. Turning surplus into support, and compassion into action. Zero waste, full hearts — seva hi samarpan.	Whole Month	https://www.instagram.com/p/DWnos89kekH/?utm_source=ig_web_button_share_sheet	

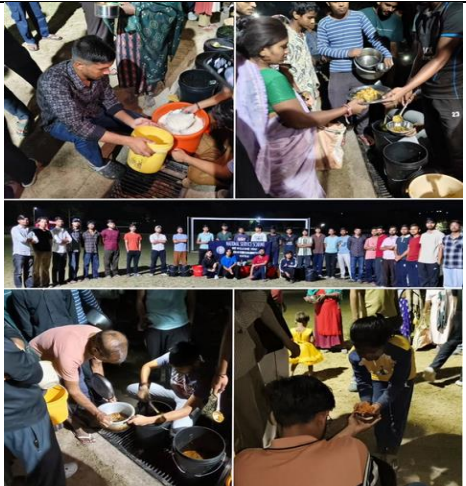
122	NSS SMVDU Organized Event Jigyasa to Promote Curiosity and Learning	An engaging and informative session was organised by the National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University titled "Jigyasa: The Curiosity Drive". It was an open event where students from various disciplines joined to learn beyond the conventional knowledge. This session aimed to share amusing, lesser-known facts through a presentation. The presentation included facts from various fields such as nature, Science, Psychology, and the human body. The facts were explained with the reasons behind them to make the students more curious, interested and engaged throughout the program. Students were taught around 11 facts, and were engaged in the session with interesting questions after each slide. After the explanation of facts, a small quiz of 20 questions was conducted on the various facts they had just learned. The aim of the quiz was to check the attentiveness, curiosity and learning of the students, and to get feedback on the session to improve it for the future.	09.04.2026	https://www.facebook.com/share/p/1CCDr4JxkB/	
123	Organized awareness programme on drug abuse in collaboration with 'Madad NGO' team from Udhampur.	NSS SMVDU organized awareness programme on drug abuse in collaboration with 'Madad NGO' team from Udhampur. Madad team led by Mr. Prashant Khajuria performed a skit on drug abuse. More than 100 university students participated in the said event. NSS Programme Coordinator Dr. Rajiv Kumar appreciated the efforts of Team Madad.	10.04.2026	https://www.facebook.com/SMVDUniversity/posts/pfbid02n2dmQpKrKqUqm1GAfnTtnk7rD4nbrjgc5UhqYkT4ij5E7sqcovXx5yA922WShmVI	

124	NSS unit and Internal Complaint Committee (ICC) of SMVDU organized a poster making event to aware students on sexual harassment issues.	NSS unit and Internal Complaint Committee (ICC) of SMVDU organized a poster making event to aware students on sexual harassment issues.	15.04.2026	https://www.facebook.com/share/p/1DuovvBobT/ 	
125	Internal Complaint Committee (ICC) and NSS unit of SMVDU organized awareness rally on gender sensitization and sexual harassment.	Internal Complaint Committee (ICC) and NSS unit of SMVDU organized awareness rally on gender sensitization and sexual harassment. The rally was organized the campus premises and the event was the part of two days awareness programme on the said topic	16.04.2026	https://www.facebook.com/share/p/1CWyLsgxTJ/ 	
126	NSS Unit of Shri Mata Vaishno Devi University (SMVDU), in collaboration with the Internal Complaints Committee (ICC), successfully organized an Awareness Programme on Gender Sensitisation and Sexual Harassment on	The programme aimed to spread awareness among students about gender equality, respectful behavior, and the prevention of sexual harassment in educational institutions and society at large. It emphasized the importance of creating a safe, inclusive, and harassment-free environment. The event was graced by Prof. (Dr.) Jaya Bhasin, a distinguished academician from the School of Business Studies, Central University of Jammu. In her address, she highlighted the significance of gender sensitisation, legal awareness, and ethical conduct among youth. She also spoke about institutional mechanisms available to address complaints and ensure justice.	16.04.2026	https://www.facebook.com/share/p/1C3U52BYPF/	

	campus.				
127	NSS SMVDU organized 'Humaari Sanskriti Humaari Pehchaan' event.	NSS SMVDU organized 'Humaari Sanskriti Humaari Pehchaan' event. This is a weekly event in which every week culture and history of one state is discussed. This time state Haryana was discussed. Volunteers Pratibha and Sonam conducted the session followed by a Haryanvi dance performance by Tanisha.	17.04.2026	https://www.facebook.com/share/p/1Kj1cj2NTr/	
128	NSS SMVDU, Katra Organised Blood Donation Camp for the Thalassemia Patients	NSS units of SMVDU, Katra, in collaboration with the J&K Thalassemia Welfare Society, successfully organized a blood donation camp at the SMVDU campus. This event united community members in support of a life-saving cause. The camp was organised by Lieut.(Dr.) Varun Dutta, NCC Coordinator, SMVDU and Dr. Rajiv Kumar, NSS Coordinator, and supported by Dr. Pallav Sharma from the Medical Aid Centre, SMVDU, the initiative witnessed an impressive turnout. Dr. Rajat from GMC, Jammu, oversaw and provided essential support at a blood donation camp. Many students and staff members from the University generously donated blood during the camp, showcasing acts of kindness and solidarity. This altruistic gesture holds the potential to significantly impact the lives of numerous individuals combating Thalassemia, a genetic blood disorder.	22.04.2026	https://www.facebook.com/SMVDUniversity/posts/pfbid02L64NhFFe7nzVrzMXCv1SppGQmqqhgdRD887kbaEtnRxoDuKvuvyVs4hzbv5VZAAGI	

129	NSS Organizes Cultural Evening; SMVDU 'Sampada' Evening; Volunteers Enthral Audience with Diverse Talents	The National Service Scheme (NSS), Shri Mata Vaishno Devi University (SMVDU), Katra, organized a vibrant cultural evening titled 'Sampada' on the university campus, showcasing the artistic talents of its volunteers. The event witnessed enthusiastic participation from NSS volunteers across various disciplines. 'Sampada', meaning 'wealth' or 'prosperity', lived up to its name as students displayed the rich cultural wealth of the region through a spectrum of performances. Volunteers moved the audience with self-composed poems centered on various themes by Tanushka, Zeeshan.	24.04.2026	https://www.facebook.com/share/p/1EDeZwtbA8/	
130	NSS Hosts Vibrant Inter-school Cultural Fest	The National Service Scheme (NSS), Shri Mata Vaishno Devi University, successfully organized a lively and colourful Interschool Cultural Competition on the university campus, bringing together enthusiastic young performers from the surrounding region. Four schools participated in the programme: PM Shri Middle School, Panthal, Government Middle School Chack Bhagta, Government Middle School, Dheerti, and Government High School, Sirah. The students showcased their abilities in three creative categories namely Solo Singing, Solo Dance and Group Dance delivering energetic and heartfelt performances that captivated the audience. The competition aimed to promote cultural expression, encourage young talent, and strengthen the bond between SMVDU and nearby schools.	25.04.2026	https://www.facebook.com/share/p/1Fv8B6KzSz/	

131	NSS SMVDU Hosts Month-Long Morning Fitness Drive Under “Nasha Mukh Jammu & Kashmir Abhiyaan”	The National Service Scheme (NSS) unit of Shri Mata Vaishno Devi University (SMVDU) successfully organized a month-long series of morning fitness sessions as part of the “Nasha Mukh Jammu & Kashmir Abhiyaan.” The initiative aimed to promote a healthy lifestyle among students and raise awareness about the harmful effects of substance abuse. Held daily in the early hours, the sessions witnessed enthusiastic participation from NSS volunteers and students across various departments. The program featured a variety of physical activities designed to build stamina, discipline, and team spirit. These included jogging, structured exercise routines, and engaging fitness challenges such as push-up contests, frog races, duck walks, and crawling drills. Speaking about the initiative, NSS coordinators emphasized the importance of adopting a healthy lifestyle as a powerful tool to combat addiction. “By channeling energy into physical fitness and constructive activities, youth can stay focused, motivated, and away from harmful habits,” they noted.	16.04.2026 to 30.04.2026	https://www.facebook.com/share/p/17z3cwRe1d/	
132	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 06 units donated this month.	Whole month		
133	Cultural Evening	The National Service Scheme (NSS), Shri Mata Vaishno Devi University (SMVDU), Katra, organized a vibrant cultural evening on the university campus, showcasing the artistic talents of its volunteers. The event witnessed enthusiastic participation from NSS volunteers across various disciplines. Volunteers moved the audience with self-composed poems centered on various themes	21.05.2026	https://www.instagram.com/p/DY1k8_4ibU8/?utm_source=ig_web_button_share_sheet	

134	Seva hi samarpan.	<p>At NSS SMVDU, this isn't just an initiative, it's a daily commitment. Our volunteers collect leftover food from the mess every day and serve it with care to the hardworking construction workers on campus. Turning surplus into support, and compassion into action.</p> <p>Zero waste, full hearts — seva hi samarpan.</p>	Whole Month	https://www.instagram.com/p/DZAWIxcJqfI/?utm_source=ig_web_button_share_sheet	
135	Blood Donation	Whenever there is any emergency of blood requirement, students of SMVD University donate blood to Narayana Hospital, Katra. Around 07 units donated this month.	Whole month		